

SPOTLIGHT

LMHI NEWSLETTER



**LMHI CONGRESS
SPECIAL
EDITION**

***Special Interview about
Dr Jost Kunzli – The
Torchbearer of Kent's
Legacy in Europe***

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Letter from the Secretary of Publications



Dear LMHI Members,

We would like to share some highlights from the recent congress in Seville, held in October 2024.

This congress was one of the most complete events I have attended, as it included space for the integration of patient associations, as well as a sample focus on pharmacy, veterinary medicine, dentistry, and agrohomoepathy. It also featured presentations of essential books for the development of homeopathy, along with high-quality sessions on clinical medicine and research. There were several workshops on various topics held before and during the congress, and a joyful and fraternal gala dinner.

The congress celebrated and reinforced advancements made by important institutions supporting homeopathy, such as the European Committee for Homeopathy (ECH), the Groupe International de Recherche sur l'Infinitésimal (GIRI), the Homeopathy Research Institute (HRI), AYUSH (the Ministry of Ayurveda, Yoga & Naturopathy, Unani, Siddha, and Homeopathy) from India, and the World Health Organization (WHO), as well as medical associations that support homeopathy, independent committees, and Spanish societies. Without a doubt, Spanish homeopathy has emerged strengthened and united, ready to continue advancing. We are grateful to the large number of participants from around the world who attended, and we are confident they are prepared to join us next May 2025 for LMHI's centenary celebration in Utrecht, the Netherlands.

Thank you for being part of the LMHI and see you very soon again in Utrecht!

Dr. Andrea Flores Sánchez
Secretary of Publications



IC (INTERNATIONAL COUNCIL) MEETING IN SEVILLE



In addition to the LMHI Board, 25 NVPs were also present at this year's IC meeting as part of the annual congress. The IC meeting is the most important meeting and serves as a forum for dialogue between the Board and the representatives of the member countries. Many important topics were discussed and the NVPs provided interesting input. For example, the upcoming anniversary congress, the upcoming congresses and WHD were discussed and voted on, and the new NVPs were introduced. The active involvement of the NVPs is very important for high-quality collaboration.





Report of the 77th Congress in Seville, Spain

DR. PAOLO PIFFERI
NVP FROM ITALY



Travel Diary: First Day (or Second, If We Consider the IC Meeting)

The congress commenced with the opportunity to reconnect with longstanding colleagues, an experience that remains one of the most rewarding aspects of our gatherings. The formal proceedings began with the meeting of the publication group, though other groups also convened to discuss and plan future initiatives.

At 4:00 PM, the congress officially commenced with introductory remarks thanking all participants and those who contributed to the successful realization of the event.

The congress featured numerous insightful speeches, a diverse array of speakers, and a variety of sessions, all of which were highly commendable.

Among the highlights were Dr. Manchanda's address, a roundtable discussion on solidarity in homeopathy, and shared experiences from Nepal and other countries. The evening concluded with a vibrant display of Flamenco, a fitting end to a productive day.

Second Day: A Day of Rigorous Engagement

The day began promptly at 8:00 AM, with many participants still somewhat fatigued, though eager to engage in the sessions ahead. Dr. Spinedi offered a comprehensive lecture on his extensive experience with cancer treatment and homeopathy, captivating the audience with his profound insights. His words flowed effortlessly, engaging everyone in attendance. The sessions continued with Dr. Farokh Master, whose expertise in Materia Medica and its application in cancer treatment once again captivated the audience.

The breadth of the presentations, spanning cancer treatment and cardiovascular diseases, was overwhelming. This congress could indeed be documented as an encyclopedia of cutting-edge knowledge. Among the many exceptional contributions, I would like to highlight the presentations by my esteemed colleague Kavita Chandak, Gloria Feighelstein, and others who delivered exemplary work.

The afternoon sessions continued to offer a wealth of valuable presentations, including contributions from Dr. Vithoukas, Dr. Cataldi, and numerous other distinguished speakers.



Day Three: Gala Dinner and Reflections on the Congress

To begin, I would like to highlight the closing event of the day: the Gala Dinner.

This social gathering provided an opportunity for attendees to interact in a relaxed atmosphere, fostering connections and camaraderie among colleagues and their families. The warm Spanish evening contributed to creating a special atmosphere, enhanced by live music from a trio that performed Hispanic and Iberian folklore music.

Returning to the scientific content of the congress, it is difficult to pinpoint a singular 'best' session, as each day was rich in valuable presentations. It was challenging to choose which session to attend, given the exceptional quality of the topics covered in the different rooms, such as Tyler, Boenninghausen, Hahnemann, and Kent.

The contributions from speakers such as Ashley Ross, Alexander Tournier, Michel Van Wassenhowen, as well as sessions on Agrohomoepathy, the Mexican School, and many others, enriched the congress experience. As an Italian participant, I would also like to mention Andrea Signorini, Roberto Petrucci, and other colleagues who contributed significantly to the event.

Each passing day added to the wealth of knowledge imparted at this congress, making it an invaluable educational experience.



Concluding Remarks: Reflections on the Final Day

The final speech “Homeopathy: Science and Art” by Dr. René Torres from Mexico, marked the conclusion of the congress, with the closing ceremonies being completed amidst heartfelt farewells and exchanges of appreciation.

Our esteemed president, Altunay, delivered a comprehensive and eloquent summary of the event, commending the excellent presentations while also acknowledging the challenges encountered throughout the congress. In terms of scientific content, the quality of the presentations on the final day was consistent with the high standards set throughout the congress. However, it is the collaborative spirit and the sense of shared purpose that I wish to emphasize. The congress served as a platform for discussing potential collaborations and laying the groundwork for future projects. There was a palpable sense of enthusiasm regarding the planning of the next congress, as we eagerly anticipate reuniting with colleagues and friends.

As I have often remarked, LMHI is more than just a scientific society; it is a family. The LMHI board deserves great credit for fostering and maintaining a "team spirit" that is rare in most scientific organizations.

In conclusion, I extend my heartfelt gratitude to LMHI, to President Altunay, and to all those involved in making this congress such a memorable and enriching experience. It was a privilege to be part of this remarkable family, not only in its scientific capacity but also in its human dimension.

WORKING GROUP REPORTS SEVILLE CONGRESS 2024



Publications Working Group Meeting

Dr. Andrea Flores Sánchez

In this meeting we organize the articles that we will publish in the following issues of the Newsletter “Spotlight” and in the journal “The Homoeopathic Physician” of this year 2024. Our goal is to gather and write quality articles so that all our members can continue to enrich their knowledge of classical homeopathy. We also plan to do interesting interviews, publish book reviews and share the most important news regarding homeopathy in the world. We also plan that our Newsletter will be read by students of homeopathy and patients. Our publications will continue to be translated into Spanish, Italian and Turkish.

All participants of the Working Group (WG) are very active and participative. All members are welcome to join this working group.

Research Working Group

Prof. Ashley Ross



The focus of the very vibrant and engaged Research Working Group meeting was the structure and scope of the six research webinars proposed for delivery in 2025. After clarification of the purpose of the LMHI research webinar series, both historical and looking forward, the WG identified potential areas of interest as well as potential presenters of respective webinars. Of critical importance in the discussion were the need to make webinars accessible (in terms of language and scope), and to reconsider the amount of time allocated to webinars to ensure engagement and enthusiasm of participants.

The WG meeting in Seville was particularly well attended and characterised by deep discussion of important areas of development within the homeopathic research landscape, and the enthusiastic participation of experienced and enthusiastic researchers particularly in the areas of physicochemical characterisation of homeopathic remedies and provings.





Education Working Group

Dr. Claudia Garn

The LMHI Working Group on Education has launched initiatives to enhance homeopathy education. A student exchange project began with Argentina and Mexico, with potential expansion to South America, South Africa, and India. LMHI also introduced Saturday webinars covering both research and practical clinical topics, designed to complement existing schools.

In Seville, Dr. Tom Vogel and Dr. Martin Wernhart presented the “Pneumonia Project,” a guide based on historical literature, detailing 500 cases and 146 remedies for treating pneumonia.

A priority for the Working Group is accrediting homeopathy schools to support high-quality classical training, guided by the “Medical Homeopathic Educational Standard” and adapted to global differences.

Information & Communication Working Group

Dr. Rajkumar Manchanda



The LMHI Working Group on Information and Communication convened to review recent achievements and plan initiatives for the organization's centenary year in 2025. Among the key proposals is a digital LMHI Colloquium designed to foster global unity in the homeopathy community. The meeting reviewed the global celebrations of World Homoeopathy Day 2024, which featured major events in Mexico, India, South Africa, Russia, and Ireland, reflecting a widespread commitment to promoting homeopathy. Ongoing collaboration with WHO's Traditional, Complementary, and Integrative Medicine department remains a priority, with efforts to solidify LMHI's status as a non-state actor in this sector.

Plans are also underway to update the "Scientific Framework of Homoeopathy" document, with contributions from CCRH and ECH, supported by the Ayush delegation from India. Productive exchanges with the homeopathic industry were highlighted, with industry representatives expressing a strong interest in supporting LMHI's communication, education, and public health initiatives. Input from stakeholders on global education standards is expected to lead to a proposal for India to play a leading role in establishing these standards. LMHI's active engagement within the TCIH community continues to create valuable opportunities for collaboration with other traditional medicine systems.

The working group also discussed ways to improve social media efforts, emphasizing cost-efficiency, and received updates on homeopathy in India from the Ministry of Ayush, who reaffirmed their support for WHO educational benchmarks. In addition, Dr. Bianca and Gyan Dass Wadhwani presented a new survey to capture insights from the homeopathic community, with LMHI committing to provide media support to maximize participation. This collective effort aims to strengthen LMHI's influence and further homeopathy's global reach and recognition.



Dentistry Working Group

Dr. Gloria Feighelstein

In general, the exchange of information between colleagues from Spain, Mexico and France was very important. There was a noticeable awakening of Homeopathic Dentistry, not only among Dentists, but also the great interest of fellow doctors. The importance of studying Materia Medica was discussed, for a more individualized choice, taking into account all signs and symptoms, considering an appropriate and careful prescription.

We had the presence of an illustrious Professor of Homeopathy from Mexico, whose knowledge of Homeopathy is very comprehensive, Prof. Dr. Maria Elena Monterde Coronel, for whom I have great affection. I was very happy with the presence of Dr. Inés Mercedes Acosta, who practices Homeopathic Dentistry in Spain, is originally from Argentina, and is a colleague and friend of Dr. Marina Galan from AMHA, who, although not present, accompanied our Working Group, participating in Argentina.

The motivation for Homeopathic Dentistry was noted by the large number of participants in the Dentistry Seminar at the 77th LMHI Congress in Seville.



Report Patient's Associations in Seville Congress

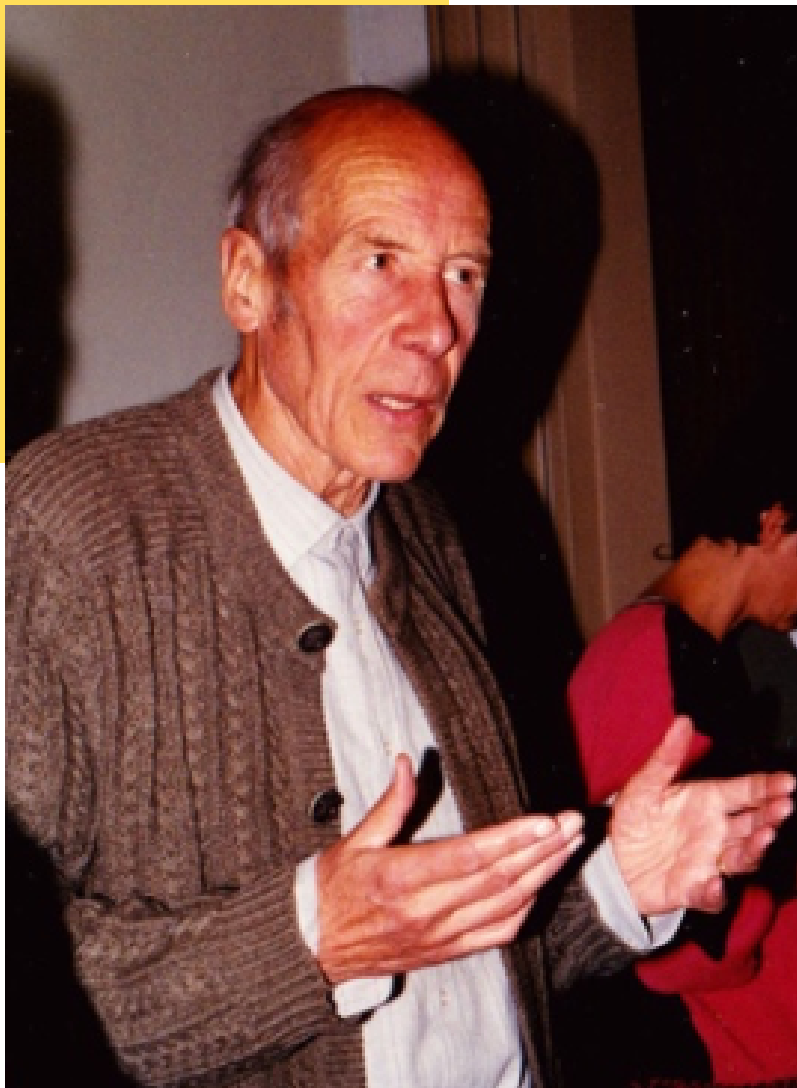
The 77th LMHI International Medical Congress on Homeopathy, held in Seville from October 2-6, 2024, marked a milestone for Spanish user associations by dedicating a unique space for their participation. The event highlighted the role of user associations in promoting and defending homeopathy, with honorary recognition awarded to the PEAPH and EFHPA. Dr. Altunay, LMHI President, expressed support for user associations, underscoring their importance to the future of homeopathy.

The two-day program included discussions on health self-management, patient rights, legal frameworks, and practical workshops on homeopathic applications in various fields. Testimonies from user associations and a documentary on homeopathy further enriched the sessions. The event concluded with the EFHPA's annual assembly. The associations emphasized the need to form a unified federation to strengthen their representation and visibility in public health and societal contexts. They also highlighted the importance of supporting the Andalusian association in rejoining the platform actively.

This first experience at an international congress provided Spanish associations with a sense of solidarity, demonstrating that homeopathy supporters worldwide are united in their mission to ensure homeopathy is respected and accessible to those who choose it. Today, we feel stronger and more confident, aware that the law protects us and upholds our rights.

Sincerely,
Angelica Pérez Lorenzo
Representative of the Spanish associations at the international congress.

SPECIAL INTERVIEW



Dr Jost Kunzli – The Torchbearer of Kent’s Legacy in Europe

In this interview with LMHI, Dr Kunzli’s illustrious student and renowned homeopath Dr **Dario Spinedi (DS)** of Locarno, Switzerland shares various facets of his life and work with editorial board member **Aditya Pareek (AP)**

Dr Jost Kunzli von Fimmelsberg (1915-1992) was a Swiss internist who converted to Homeopathy and was a third-generation homeopath in his family. Along with his teacher Pierre Schmidt, he was a pioneer of the re-discovered Q potencies in Europe. He produced the “Kent’s Repertorium Generale” based on Kent’s repertory with updates from 71 sources and black dots for confirmed rubrics. He taught homeopathy in the German speaking part of Switzerland. As many as 4000 homeopaths registered in Germany had been his students.

01.

AP: HOW DID YOUR ASSOCIATION WITH DR KUNZLI BEGIN?

DS: I was in third year of medical school studying pharmacology, but I was in despair seeing the side effects of medicines and I shared my discomfort with my wife. I wanted to leave medicine, but we had two little children. One day, my wife found a paper in the university about “Lessons in Homeopathy by Dr Kunzli” and she gave it to me. I went looking for it and found a room with two students and Dr Kunzli. Gradually, he taught us about the value of symptoms, the intricacies of case taking etc. We learnt very practical things with cases. He had cases with 20+ year follow-ups who had only received the same remedy in 20 years – he was so sure of the remedy. Seeing how well his prescribing worked, we were motivated to continue our study.

When someone was sick in our family and we would ask him the remedy, it would work very well and that’s how our admiration for him grew. He spoke less but what he said would be very clear.

02.

AP: WHAT YEAR WAS THIS? HOW MANY YEARS DID YOU STUDY WITH HIM?

DS: This was the year 1977. I continued to be with him for 16 years – until his death. In the beginning it was only his classes in the university – 3 hours every evening. Later, he would do a supervision of difficult cases in the afternoon and the evening lectures included one hour on theory of homeopathy and 2 hours for case discussions. He would come every Thursday to Zurich from St Gallen taking a one-hour train. He was teaching us in the University of Zurich but there was no diploma. It was only a certificate from Dr Kunzli. It was very simple. His philosophy was to teach young doctors, practical homeopathy in a short time, so that they can earn their bread and feed their family. He was not inclined to go too much into different philosophies. He gave us the gist of the most important things to know with cases. Then we learnt the Analysis of Symptoms, the Repertorisation, the second prescription, the potency question and sometimes about the miasms also. He did not give too much emphasis on the miasms.

03.

AP: DID HE TELL YOU ABOUT HIS BEGINNING? HOW DID HE STUDY HOMEOPATHY?

DS: Dr Kunzli studied under Pierre Schmidt in Geneva. He had to sit in the waiting room the entire day and Dr Schmidt would call him when there was something important to learn in a case. But he had to thoroughly study a remedy everyday sitting in the waiting room. For example: if he had to study Aconitum, at the end of that day Dr Schmidt would ask him the urinary symptoms of Aconitum. If he would not be able to answer, he would have to study again the next day. This went on for one year. Later, he translated the Organon into French (with Pierre Schmidt) and English (with Alain Naude of USA). He translated Kent's philosophy into French with Pierre Schmidt, and they made an index with every word of the philosophy.

04.

AP: CAN YOU TELL US SOMETHING ABOUT DR. KUNZLI'S PRACTICE?

DS: He was the son of a homeopath. In fact, he was a third-generation homeopath, but his father used very low dilutions. He joked that when children were sick in school, his siblings were the sickest of all because with the lower potencies, they were never well. He would have his white coat on and a small paper for taking the notes. He would ask very little; he would wait and wait and let the patient talk as much as he/she wanted. Only at the very end he would ask a few things about the food, weather etc. and then repertorise with Kent's repertory. He would study the case and the patient received the remedy one or two days later by post.

05.

AP: WHAT BOOKS DID HE USE AND RECOMMEND FOR STUDENTS?

DS: Everything of Kent – Repertory, Materia Medica and Philosophy.

06.

AP: CAN YOU TELL US SOMETHING ABOUT DR KUNZLI AS A PERSON?

DS: He was a “no-cult person”. Very humble and simple. He would not go very deep into philosophical things. He wanted us to stay “on the ground”. He would not speak much. But, when we were in any difficulty, he would be there for us. When my wife was in sepsis after childbirth, the doctors wanted to give her three antibiotics and cortisone, but Dr Kunzli said, “Take your woman home.” I had to give an undertaking to the hospital that I would be responsible for the risk. At home, he asked me to note the symptoms and accordingly prescribed Phosphorus C30. The next day, the sepsis was finished. When I experienced this, I knew he is my teacher. When we would go to a restaurant, he would order the least expensive dish. He would wear the same clothes for many years and keep them well maintained. He was so frugal and simple.

07.

AP: WHAT POTENCIES WAS HE USING IN HIS PRACTICE?

DS: When the symptoms were grave or related to the mind, he used to start with 10M. According to him, the remedy reaction could be best judged with 10M. But this was only so when there were no organic changes in the vital organs. He used fifty millesimal potencies for 10 years but then he felt it was too complicated for daily practice. He felt, they could be best used if one had an indoor hospital where the patient could be observed. Ultimately, he was convinced that the best method for treating chronic diseases without organic changes was the Kent method of using high potencies and waiting 40-50 days to see the response.

08.

AP: WAS HE TRAVELLING TO CONGRESSES?

DS: Yes, he was going to all congresses because he was the NVP for Switzerland for many years. He would attend every lecture and then read the entire proceedings. He would underline the important points and put remarks for the future. I have the congress proceedings in my library with his remarks on every page. I remember, his note - “very good” for the lecture of Dr Jugal Kishore on Cancer.

09.

AP: WHO WERE THE HOMEOPATHS HE ADMIRERD OR FOLLOWED?

DS: Pierre Schmidt was his teacher and Kent was his direction. He had a very deep knowledge of Materia Medica. There would be a hundred people in the audience asking questions on Materia Medica and he would answer all of them. But, the use of repertory was not so common in Europe at that time and the clinical results were not so good. He gave many lessons on repertorisation and he made its use very popular. Dr Kunzli's great contribution is popularizing Kent's philosophy, high potencies and repertorisation in Europe.

10.

AP: HOW WAS HIS LATER LIFE? UNTIL WHEN DID HE PRACTICE AND TEACH?

DS: His old days were very difficult due to great grief in the family. He had a very big cross to carry. He was a very clear person. He was the same with everyone. There was no 'show' in him. I once travelled with him to Germany as there was a problem with a young homeopath about publishing the repertory, two concurrent people wanted to publish it. In the meeting, the young homeopath spoke very aggressively but Dr Kunzli was so gentle and mild in the discussion that ultimately, he (the young homeopath) invited us for dinner and the problem was solved. Dr Kunzli never wanted confrontation and he understood human psychology very well.



11.

AP: WHAT CAN THE NEW GENERATION OF HOMEOPATHS LEARN FROM DR. KUNZLI?

DS: The methodology. One must follow a clear method. For most chronic diseases and prevention, it is the Kent method. Not for advanced organic conditions. There was a lot of information in seminars and lectures, but the students did not know a clear methodology. During his last days, he was in my home and he wrote some of his observations about my wife in her journal. He was such a meticulous observer. He spoke very little on philosophy, but his methodology was concrete.

12.

AP: THANK YOU SO MUCH DR SPINEDI, I AM SURE THE READERS WOULD THOROUGHLY ENJOY THIS WONDERFUL INFORMATION ABOUT DR KUNZLI.

DS: All of it comes from my heart. Thank you.

MEET OUR NVP

Dr. José Luis Jiménez Sales NVP of Spain

I have been practicing as a physician since earning my degree in Medicine and Surgery from the University of Salamanca in 1986. Over the years, my journey in medicine has been guided by a commitment to holistic health and a deep curiosity for various therapeutic traditions. My critical approach, grounded in the scientific method, drove me to explore and question established dogmas, leading me beyond conventional Western medicine.

My studies began with an introduction to global medical systems, inspired by Dr. Sánchez Granjel's teachings on the history of medicine. I sought out knowledge of diverse therapeutic approaches, such as Chinese medicine, Indian medicine, and homeopathy. In my fourth year of medical studies, I began formal training in acupuncture and moxibustion, which eventually led to a master's degree in these fields from the Complutense University of Madrid.

Chinese energetic theory revealed to me the interconnectedness of living beings and the universality of the Tao, principles that resonated deeply with my philosophy of care. This understanding naturally led me to homeopathy, particularly Hahnemannian theory, which I explored intensively through studies of classic authors and a course on Homotoxicology. Later, through the guidance of Dr. Paco Moya and an in-depth course with Dr. Proceso Sánchez Ortega, I committed myself to deepening my knowledge of Mexican homeopathy.

My path in homeopathy has been enriched by further study, seminars, and a certification as a Specialist in Homeopathy from the University of Valladolid. Since 1990, I have integrated these diverse, scientifically grounded therapies into my private practice as a holistic physician. My journey reflects a lifelong dedication to learning, inspired by the principle of **Aude Sapere** (Dare to Know), as I strive to provide comprehensive care that respects both traditional and complementary healing modalities.



how to get a LMHI CERTIFICATE

If you are ready to join LMHI as a member and receive your official E- certificate, just follow these simple steps:



Submit Your Diploma

Along with the form, please provide a copy of your diploma. This helps us verify your qualifications.

Pay the Membership Fee

After receiving your confirmation, you can pay the membership fee. The amount depends on your country's category, so make sure to check the correct rate.

*Note: If you are registered through your National Vice President (NVP) or institution, you may skip this step.

We offer certificates for various types of members, including individual members, institutional members, associations, associate members, NVPs, board members, and former presidents. We're excited to welcome you to LMHI!

01

Fill Out the Application Form

Start by completing the membership form, which you can find on our website www.lmhi.org. Alternatively, you can email the secretary secretary@ligamedicorum.org to request the form.

02

03

Board Review

Once we receive your documents, our LMHI board members will review them. If everything is in order, you will receive a confirmation from us.

04

05

Your E-Certificate

Once your payment is confirmed, we will prepare your e-certificate and send it to your email address.



Join us in Utrecht to celebrate
100 YEARS OF LMHI



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